

TURNING POINT

Volume 14 Issue 26 Spring / Summer 2017

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Learn. Grow. Work. Achieve.

RETURN SERVICE REQUESTED

1500 Howard Street
San Francisco, CA 94103

CALENDAR

All events at The Arc San Francisco, 1500 Howard St., SF, CA unless noted. Info: www.thearc.org

JUNE

June–Sept 3: Patient No More: Disability & Civil Rights Exhibition & Programs, SF Public Library, 9am-5pm, www.sfpl.org
27 Board Meeting: 5:30-6:30pm

JULY

4 Holiday Closure
7 First Friday Art Sale: Fri, 11am-3pm
21 We Gotta Dance (\$1) 6-8pm

AUGUST

4 First Friday Art Sale: Fri, 11am-3pm
18 We Gotta Dance (\$1)
22 Board Meeting: 5:30-6:30pm
23 Arc in the Park: 12:45pm, AT&T Park
26 Superfest Disability Film Fest, SF Public Library, 1pm

Friends Like Me (FLM) After Hours Standing Schedule:

Game Nights: Mon 4:30-7:30pm, Tue 3-6pm
Dinner Group: Monday: 4:30-7:30pm
Drama/Theatre Workshop: Wed 3-5pm (during semester schedule)
Movie Night & Discussion: Wed 5:30pm-8:00pm
We Gotta Dance: Every 3rd Fri, 6-8pm
Weekend Excursions: Last Saturday of month (must RSVP)
FLM info: Lance Scott, lscott@thearc.org



Donate
givearc.org



thank you new donors!

YOU MAKE A DIFFERENCE!

The Arc SF welcomes the following donors who made initial gifts or pledges to The Arc SF between July 1, 2016 and June 15, 2017. We are so grateful that you joined The Arc SF's Circles of Support, helping our clients learn, grow, work and achieve this year.

New Individual Leadership Donors
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The American Grilled Cheese Kitchen
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Visa

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Craig Warman
Valerie Weingarten
James Wells
Elizabeth White
Colette Whitney
Charles Williams
Henry Willner
Carrie Wilson
Kristen Wo
Bennett Wong
Tony Wong
Mike Woo
Kochih Wu
Gloria Yu
Nicole Zuuring

If your name is not listed, please accept our apologies and contact Marti Sullivan at 415-255-7200 x119, msullivan@thearc.org

Save The Date!



16th Annual Arc Angel Breakfast Celebration

Thursday, October 19, 2017

Registration & Sponsorships
arcangel2017.eventbrite.com
More information: Marti Sullivan,
msullivan@thearc.org

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Message from our Chief Executive Officer

Dear Friends,

In this issue of *Turning Point*, I'm proud to share the highlights of our recent activities, events and achievements at The Arc San Francisco.

We have more clients in the workforce than ever before in our history. Our internship program has doubled in size since it started six years ago. Clients are enjoying a range of lifelong learning options at our three campuses and at community colleges throughout the Bay Area. And we are closing the gap in health care for the individuals with developmental disabilities we support.

While our data is impressive, the partnerships behind these accomplishments are the drivers of our success. Our business, education and healthcare alliances are helping us create the solutions needed to transform lives, and we are grateful for this vision and support.

Our new Strategic Plan gives us a roadmap for the years ahead with a future of more opportunities not only for our clients, but for our staff, our stakeholders and our community. Please visit our website to learn more about our goals for the next three years.

I close with a special thank you to our departing board members **Aaron Cohen**, **Sharon Jones** and **Mark Marshall**, and a warm welcome to new members **David Carvel**, **Gloria Louie**, **Carolyn Salcido** and **Jane Steiner**.

In gratitude,

Dr. Glenn Motola, CEO

Learn more about our plans for the years ahead. See our Strategic Plan, "Future Forward," at www.thearc.org

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givearc.org

College prep class explores the path to success

EDUCATION

Yuki Li (l.) with Brandon planning his fall semester.



See our 2017 list of Summer Classes at www.thearc.org

Brandon has a clear path in mind for his career. "I'm trying to build up my skills," he says, "and I think college will help me get where I want to go."

Brandon's coach **Yuki Li** thinks he's on the right track for a future in Computer Science, and suggested The Arc's College Preparation course along with the SF City College classes he's selected for the fall semester.

Arc course designer **Kim Thelen** notes that her college prep class addresses the many barriers and opportunities that students with developmental disabilities may expect. Participants visit college campuses and learn about the simple accommodations—like note takers and extra time on tests—that can make all the difference in achieving success.

Says Li, "I'm here to help Brandon access whatever he needs to reach his goals. Whether it's help with studying or financial aid, we can make this work."

For more information, contact **Kristen Pedersen**, V.P. Education and Employment Programs, kpetersen@thearc.org.

Jonah steps up to the challenge at Mixpanel

EMPLOYMENT



Jonah (r.) checks a supply order at his desk across from Mixpanel Office Manager Aaron Cuadra.

"My job is to make people feel comfortable."

From day one, **Jonah**, 21, said that his job as Office Assistant at **Mixpanel** was more than keeping the kitchens stocked and the conference rooms organized. He saw his role as integral to the well-being of everyone around him at the product analytics company located in downtown San Francisco. And co-workers say that he brings that sense of responsibility to work every day.

His direct supervisor, **Aaron Cuadra**, notes that having a team player willing to pitch in wherever needed is just right for Mixpanel's fast-paced environment.

"Jonah does a little bit of everything here and I've upped his role to onboarding and setting up computers. Plus he helps us with reception whenever we need backup," says Cuadra.

Jonah's Arc Job Coach, **Vivien Ovadya**, is proud of his progress since his early days on the job. He no longer needs the task checklist created for him and notes that he's willing to do all that it takes to expand his skill set and exceed expectations.

Cuadra agrees. "Every time I give him something new, he steps up to the challenge. I'm teaching him to be a facilities manager someday, and I think his role here can only grow. I want to open more doors for employees like Jonah so that they can be part of the workforce—that's why we have such an amazing partnership with The Arc."

In May, **Mixpanel** was recognized with The Arc San Francisco Technology Employer Award given to tech companies who are champions for a more inclusive workplace. We congratulate Jonah, Aaron and their colleagues at Mixpanel on their success.

For more information about Arc employment programs, contact **Kristen Pedersen**, V.P. Employment & Education Programs, kpetersen@thearc.org.

WorkLife Awards 2017

On May 4th, excited guests celebrated the work and life achievements of Arc clients and employer champions.

Photo: (l-r) MC Amanda Copans with award winners Lily and Vincent from Salesforce, along with co-MCs Todd Janzen and Nate Major.



Dad's memories find a home in Roman's new place

RESIDENTIAL

Roman misses his dad every day since his passing last year, but thinks he would have been proud of all he's achieved through the support of The Arc and other community partners.

Roman's team helped him apply for an apartment in Mercy Housing's new Bill Sorro Community on 6th and Howard, SF, and he was selected from a lottery of over 1,500 applicants. He moved into his 1-bedroom unit in May, and still finds it a shock to wake up in a place of his own.

"At first I had trouble sleeping, but now I'm used to it—it feels amazing," says Roman, who also graduated from an Arc internship program at Royal Auto in June.

The Arc's Residential Services Manager, **Steve Wallace**, is helping Roman adjust to his new life with weekly check-ins around budgeting, spending and dealing with new neighbors.

"The Arc really cares about me," says Roman, "and I know my dad is looking down on me, too."



Roman (above) sorts through his Dad's paintings looking for the right ones to hang in his new apartment.

For more information about The Arc SF Residential Services, contact **Jennifer Dresen**, V.P. Health & Housing, jdresen@thearc.org.

Filling the gap in Alzheimer's & dementia care

HEALTH & WELLNESS

What is the difference between normal aging and dementia? How do I plan for the future of my loved one? Where can I go for help?

With the growing population of individuals with dementia across the U.S., service providers and families are facing a crisis in care that is tougher still among those with developmental disabilities. In particular, adults with Down syndrome develop Alzheimer's disease at greater rates, challenging caregivers struggling to determine signs of

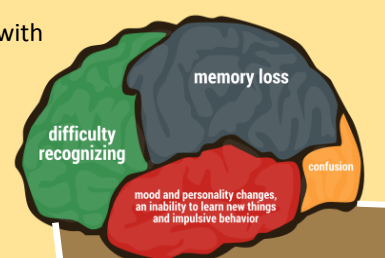
typical aging versus more serious symptoms of disease.

To fill the gap in the care system for people living with Alzheimer's Disease and Related Disorders (ADRD), the **SF Department of Aging and Adult Services**, in partnership with the **Alzheimer's Association**, **The Arc San Francisco** and **UCSF** have teamed up to implement a 3-year training and support system for caregivers and service providers.

Arc SF Project Lead **Kristin Rains** reports that the 3-year initiative includes a "Savvy Caregivers" training for families, the "Alzheimer's Care Academy" for service providers, and dementia screenings in partnership with the UCSF Memory and Aging Clinic.

Clients of The Arc SF identified as at risk for ADRD and their families will participate in the project, as well as other at risk individuals with developmental disabilities in the community and their families.

(Above) **Alex Morris**, Alzheimer's Association, leads an educational training for staff at The Arc San Francisco.



SEEKING PARTICIPANTS

The Arc SF is seeking more participants who could benefit from the Savvy Caregivers training and network of resources.

For more information, please contact **Kristin Rains** at krains@thearc.org.



Fast Facts

834 number of clients served at The Arc SF
331 Arc clients employed in competitive jobs or in career prep
20 intern grads since July 1, 2016
49 job placements of Arc clients since July 1, 2016
15,625 hrs per yr of Job Coaching provided to working clients