



FRIENDS of The Arc

www.thearc.org

advocacy self-determination quality of life inclusion independence dignity pride fulfillment productivity

This Month

[TIPS FOR PARENTS](#)
"Parents in Partnership"
August Newsletter

Back to School Cleanup Time!
Schedule your
FREE PICKUP
Gently Used Clothes &
Household Items
Needed

Quick Links

[More About The Arc](#)
[Donors & Partners](#)

Support The Arc

[Donate Online](#)
[Ways To Give](#)

[Email To A Friend!](#)

CALENDAR

We Gotta Dance!
Fri Aug 20, 2010
7-9:00pm
Admission: \$1.00
The Arc of San
Francisco
1500 Howard St. (@
11th)
SF, CA
Info: Jacy Cohen
jcohen@thearc.org

Arc in the Park
SF Giants vs. Reds
Wed Aug 25, 2010
12:45pm
AT&T Park
3rd and King Sts.
Info: Jaiden Willats
jwilats@thearc.org

LGBT Support Group
Wed Sep 14, 2010
3-4:00pm
The Arc of San
Francisco
1500 Howard St. (@
11th)

Dear Meredith,

Dating. The very word strikes terror into many hearts. But not Tony Quan. He says people with developmental disabilities need more opportunities to meet and socialize; that's why he launched "Tony's Hookups" (*story below*).

Clients of The Arc have big imaginations, great faith in their abilities and remarkable determination. All they need is a little help and guidance. Thank you for providing the support our clients need to realize their dreams.

Laura

Laura Repke
Director of Development & Community Relations

Tony's Hookups Slammin' Jammin' Party



Tony Quan from "Tony's Hookups" gets his party started.

Hi, I'm Tony Quan and I started *Tony's Hookups*--it's like a dating service and a party all together. This is a [video](#) of my latest event. *Tony's Angels* get people to join and then they get a member's discount for helping me.

I took a class at The Arc on how to start a microenterprise. You might not make a lot of money right away, but after costs, I made \$50! I'm using it to pay for

my MUNI pass. I'm working on making my business bigger, with more members and bigger parties. And better food! [CLICK HERE TO SEE MY PARTY VIDEO](#)

Disability Etiquette: Less Confusion, More Communication



DISABILITY ETIQUETTE

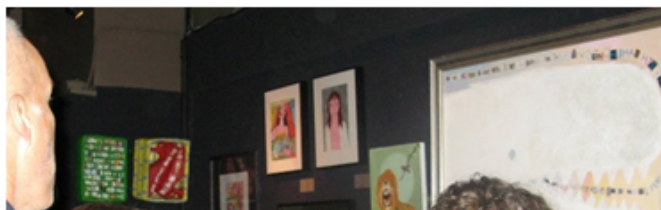
Tips On Interacting With People With Disabilities

"What if I can't understand what my co-worker is saying?" Or, "Should I help that man who's walking funny or would that just embarrass him?" We've all had moments when doing the right thing is unclear when interacting with a person with disabilities, and now there's a guide to help: [Disability Etiquette](#) by the folks at the United Spinal Association.

We encourage you to read it and share it with your friends and colleagues. Practicing disability etiquette is an easy way to make people with disabilities feel welcome and accepted, and help yourself feel more comfortable, too!

[Click here to view.](#)

Art Show at Moby Dick: See Highlights



3-4:00pm
The Arc of San
Francisco
1500 Howard St. (@
11th)
SF, CA
Info: Lulu Haggerty
lhaggerty@thearcsf.org

SAVE THE DATE

Self-Advocacy Conf.
Wed Sep 22, 2010
State of CA Bldg, SF

Arc Angel Breakfast
Fri September 24, 2010
8-9:30am



*The Resource for People with
Developmental Disabilities*



It's him! The white whale!

Artists from The Arc sold over \$600 in artwork at our recent show at Moby Dick in the Castro. Organized around the theme "Fables & Wanderings," the show featured interpretations of mythic journeys and iconic images from Dorothy's slippers to the great Moby Dick. [SEE PHOTOS!](#)

Our mission is to serve people with developmental disabilities
by promoting self-determination, dignity and quality of life.

We welcome and encourage your feedback! Send email to Meredith Manning,
Marketing and Community Relations Manager, at mmanning@thearcsf.org.

[Forward email](#)