



FRIENDS of The Arc

www.thearc.org

This Month

Art of Different Shapes
March 25th

March for Babies Team Arc
Signup

Other News

Cindy Lam's Ransom Note
Art (SF Chronicle)

Monthly Client Theme

Support The Arc

Donate Online

Ways To Give

Email To A Friend!

CALENDAR

The Art of Different
Shapes

Sponsored by The Arc's
Young Professionals Group
Thu, March 25, 2010

6-8pm

Tedda Hughes Gallery-
Boutique

1623 Polk Street,

SF (@Sacramento)

Info: [Julie Terheyden](mailto:Julie.Terheyden@thearc.org)

Click here to purchase
advance tickets

March for Babies

Sponsored by The March of
Dimes

Sat, April 24, 2010

Walk: 9am

Great Meadow at Fort

Mason, SF

Info: [Virginia Wan-](mailto:Virginia.Wan@thearc.org)

[Nojelira](mailto:Nojelira@thearc.org)

Advance registration for
Team Arc

SAVE THE DATE

Cirque de l'Arc

An extravaganza to
benefit The Arc of San
Francisco

Thu, May 13, 2010 7pm
(Ticketed event: \$100)

Dear Meredith,

March is Developmental Disabilities Awareness Month and, wow, have we been getting our message out there! From rallies and legislative meetings to news profiles and art shows, we're highlighting our abilities at work, in school and in our neighborhoods. Your friendship means you believe in our mission, and together we're making a difference in how the world understands and supports people with developmental disabilities. Let's all keep up the good work! Sincerely,

Tim

Tim Hornbecker, CEO
P.S. Follow us on [Facebook](https://www.facebook.com/thearc.org): [Become a Fan](https://www.facebook.com/thearc.org) of The Arc of San Francisco

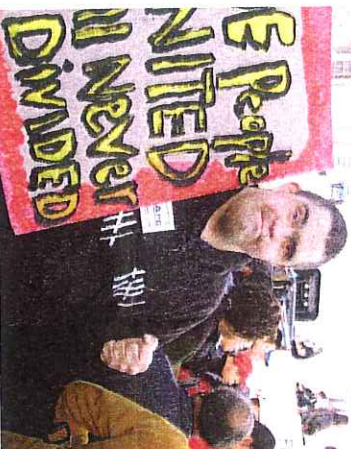
Arc Advocates Fired Up

No more dental coverage. No more vision coverage. No more classes for people with disabilities. How many more hits to the health and well-being of people with disabilities are in store?

That's the question Arc clients and their supporters are raising at rallies and meetings in San Francisco and across the state during March.

"I don't want more cuts to the things we need--that's why I'm here," said self-advocate **John Coulter** (photo) who marched in the recent Day of Action Rally at the Civic Center.

"The affordable classes offered through City College's Disabled Students Program prepare our clients for the adult world," said The Arc's CEO Tim Hornbecker. "Losing these classes would set us back decades in terms of accessible education," he added. [More Story & Photos](#)



\$15 a Month Can Save Murah's Eyesight

Murah, one of our feistiest clients in The Arc's Wellness Program, can't get the eye drops she needs to maintain her eyesight.

"After a successful artificial corneal implant in her right eye, we were looking forward to scheduling an implant for her other eye," says Wellness' Sandra Grjalva.

"We were shocked to discover that, while her 'bionic' surgery is covered by Medicare, the two specially-made eye drops prescribed to

keep implants stable and healthy are not. We've researched other options, but to no avail. Our only hope is to ask for help paying for these drops that she needs to use daily."

The cost of Murah's eye drops is \$300/month. We're asking friends of The Arc to donate a **small monthly amount--just \$15 to \$25--**to cover the cost that Murah can't afford on her small SSI income. "After rent, food and my bills, there's not much left over," says Murah. "I hope people can help me get my drops," she says. "Me and Clarissa can't take walks if I can't see where I'm going."

CLICK HERE TO HELP SAVE MURAH'S EYESIGHT (Make sure you designate: "For Murah's Eyes").



Murah and her loving lab Clarissa.

[Donate Now](#)